



Julia's Story

Prior to enrolling in the LIFE program, Julia suffered from a fractured hip and a stroke that caused severe limitations on the left side of her body. She had had many hospitalizations and was admitted to a nursing home.

Once she enrolled in the LIFE program Julia's quality of life greatly improved. She was able to move back home with her son. Because of her persistence and the time the LIFE therapy department dedicated to working with her, she was able to do many things for herself and walk on her own with only the help of a walker.

Julia had spent much of her life working with people and had a real love for life. She participated in and thoroughly enjoyed all of the recreational therapy activities offered at the LIFE Center, and loved to be amongst the other participants and staff at the Center.

Julia also felt peace of mind because of the close watch of the clinic at the LIFE Center. She appreciated the accessibility of the clinic, the hands-on approach of the doctor and nurses, and that they ensured that she was prescribed only those medications that would benefit her quality of life to the fullest.

Julia said, "I am so happy that I can walk, socialize and live at home with my family with the support of the LIFE program!"